

**The following is a list of health and life style questions for both parents:**

<b>Details Please</b>	<b>Mother</b>	<b>Father</b>
Accidents, falls, abuse - during pregnancy		
Head injury		
Alcohol consumption		
Smoking during pregnancy		
Mercury fillings		
Rhogam for Rh incompatibility		
Vaccinations, reactions		
Microwave		
Fluoride – tooth paste, mouthwash		
Chlorine – drinking water, pools and hot tubes		
<b>Mercury</b> – dental floss, contact lens solution, Mercurochrome, fluorescent lights, skin lightening creams, throat sprays, allergy and flu shots		
Antibiotics		
Birth Control pill		
Yeast infection, Parasites		
Dehydrated, morning sickness, allergies		
Lead paint		
New house, Moldy house		
Proximity to power lines, incinerators, dumps or chemical plants		
Sugar, aspartame consumption		
Junk food, micro-waved foods		
Blood type		
Cooked food percentage consumed		
Raw food percentage consumed		
Eat tomalley (green substance in lobster tail/body)		
Eat shark, swordfish, king mackerel, tuna steak		
Favorite foods; diet pop, pop		
Anemia, Bulimia		
Work environment (sick building)		
Exposure to chemicals, home/work		
<b>Drug use</b> prior to and during pregnancy		
1. Recreational; pot, extacy, etc.		
2. Prescription: of any kind		
3. NSAIDs (Motrin, Aleve, Vioxx, Ibuprofen, Celebrex, Aspirin		
Emotional trauma during pregnancy		
Exposure to pesticides		
Illnesses		
Infections		
Genetic abnormalities		
Food likes and dislikes		
Emotional or anger problem		
<b>Look after health:</b>		
Enzyme supplements		
Blood type diet, healthy diet		
Detoxification programs		
Subluxations corrected		
Cleansings prior to conception		
Supplements taken		
Regular exercise		
Meditation/relaxation		
Drink 1 ½ litres of water/day		
Mercury fillings removed		

## 2. HISTORY FOR THE AUTISM SPECTRUM DISORDER CHILD

The next list of questions pertains to the health of the baby:

Ultra sound/ X-Rays
Difficult labour: Epidurals, Nerve blocks, Pain killers, Anesthesia
Labour induced
Delivery: Forceps, Vacuum extractor, Suction, forceful manual extraction
Blue baby, cord around neck
Deformity of skull
Hepatitis B vaccination
Silver nitrate in the eyes of baby
Breast fed, duration
Formula, milk or Soya
Plastic feeding bottles
Heating plastic bottles or plastic sacks by boiling or microwave
Plastic cover over carriage
Accidents or falls, list:
Head injuries
Physical abuse
Emotional abuse
Milk consumption
Introduction of wheat
Microwaving of formula
Microwave for heating food
Fussy eater – list favorite food
Reactions to vaccinations
Colic
Ear infections, Tonsil infection
Thrush
Diaper rash
Cranky baby
Sleep problems
Constant crying, inconsolable, uncontrollable
Excessive drooling
Mood swings
Tantrums
Adverse reaction to change
Head banger
Teeth grinding
Constipated, Diarrhea
Walk by 1, Talk by 2
Similar conditions in family
Water consumption
Ability to focus
Eye contact
Stimming, repetitive movements
Unusual habits
Handedness, attempt to change
Baby checked for subluxations
Blood type